

## ***CYCLAMEN EUROPAEUM***

### ***Introduction***

Cyclamen has a traditional reputation as a remedy for affections of the uterus and appendages. The later proving have demonstrated the correctness of this. It is in many ways analogous to Pulsatilla, from which it differs mainly in having no amelioration from open air, and in not having thirstlessness as so frequent an accompaniment of other conditions. [Clarke]

### ***Axis***

Withdrawing + Hyperactive Mental or Hypoactive + Non-aggressive  
Chilly + Thirstless + Left sided + Anaemic  
Non-diligent (but Conscientious) + Obedient

### ***Keyword***

#### **Conscientiousness**

Extremely conscientious. Feel that they have done some mistake. Guilt conscious that they have hurt someone (Aurum). Children who blame themselves for the divorce of parents. [Vermulen] Grieves over neglected duty.

The situation of Cyclamen is that of a woman who feels that she has done something wrong, or that she hasn't done her duty and something bad has occurred as a result. She feels solely responsible for what has happened and feels like a criminal. She cannot reveal the crime to anyone, keeps everything within herself and tries to rectify things as much as possible. She avoids all social contact, does not talk to anyone and feels totally alone. [Sankaran]

Terrors of conscience. Grieves over duty neglected. [Boericke]

Extreme sadness, as if he had committed some evil, and had not done his duty. Internal grief and anxiety of conscience, as though he had not done his duty, or had committed a crime. [Allen]

### ***Constitution***

- It is suited to the phlegmatic; leucophlegmatic subjects with chlorotic conditions and flabby muscles.
- Debility, torpidity of mind and body; disinclined for labour and easily fatigued.
- Special senses enfeebled or their functions suspended.

## Mind PQRS

- **Alternation**

Very similar to Pulsatilla. Like Pulsatilla the moods are very changeable. Sometimes sad, and then suddenly cheerful. Sometimes very active to do work, mental labor, then alternating with indolence.

Sudden change of sadness and cheerfulness. Love of labour, alternately with indolence. [Clarke]  
Alternation of mood is a striking feature of the mental state. Great flow of ideas alternates with weak memory. Joyous feeling alternating with irritability. Serene humour changes suddenly into seriousness or peevishness. [Kent]

Sometimes he is very ill-humored and fretful, but suddenly he feels again a strange joyous sensation, to which he even gives expression by a slight quivering of the joints. Although previously lively, he now becomes suddenly very earnest and somewhat fretful; after some time he became again lively, soon again ill-humored. Disinclination to work followed by remarkable desire therefore, in paroxysms, lasting two to several hours. Memory is very much blunted; he can scarcely remember occurrences that have just happened, but it is soon again very active; in rapid alternation. [Allen]

- **Grief**

Tearful and meditates upon her grief which is only imaginary.

Depression, when weeping desires to be alone. [Boericke]

Grief and fear keep her in continuous mental agitation. Absorbed in thought; seeks solitude; thinks about the future. Wants to remain in a warm room and in solitude. Remains a long time silent. Tearful and meditates upon her grief which is only imaginary. Sadness as if she had wronged somebody (Aurum). [Kent]

He is constantly absorbed in himself and disinclined to talk. Profound reflection concerning the present and future, almost to weeping. More melancholy than ever; she complained of her weeping mood. Fretful and sad; has no desire to work; she felt a great anxiety, as if some great misfortune were impending. [Allen]

- **Dullness**

Dullness of senses. Dullness of mind prevents mental labor. Easily fatigued not inclined to any kind of labor; feeble or suspended function of organs or special senses.

Weakness of memory. Dullness and confusion of mind, with unfitness for every kind of labour. [Clarke]

Answers incoherently; confusion of mind. Impaired vision, smell, hearing and taste. [Kent]

Impaired power of thought. Great forgetfulness; he easily misplaces his words. The mind is in a constant state of stupefaction; he at times seems to be slumbering; is unable to rejoice or to be sad, although he constantly feels as though he had just suffered from an overwhelming affliction; only when he becomes excited is his mind somewhat clearer and then he acts like one who has just awakened from slumber, and only half understands what is going on about him. [Allen]

The memory is sometimes very obtuse, and he can hardly recollect what has occurred quite recently; but sometimes it is very active-in quick alternation. His mind is in a constant state of

stupefaction; all its powers are in abeyance; he can neither rejoice nor be sad, although he is always as if after some great (though passed) sorrow; only when he is excited his head becomes somewhat clearer, and he behaves like a person wakened up from sleep, having only half understood what has happened about him. Obtuseness of the mind; he is neither inclined for, nor capable of any work. [Hahnemann]

- Thinks she is alone and persecuted.

### ***Infant***

- Contented. Child when fed is quickly satisfied.
- Waking cheerful.

### ***Toddler***

- Desires indigestible things.
- Weak knees.

### ***Schooling Child***

- Offended easily.
- Feels they have not done their duty and feels bad about it.  
Reproaches self.

Internal grief and anxiety of conscience, as though he had not done his duty, or had committed a crime. [Allen]

- Wants to be alone.
- Writer's cramp. Does not like to write. Does not like to read. No desire to study.
- Anxiety about the future.

### ***Reaction to Stimulus***

- Grief Non-expressing.  
Silent weeping.

### ***Physical PQRS***

- Desire lemonade, indigestible things.
- Aversion to bread and butter.
- Contradictory modalities.

Aversion to motion yet motion ameliorates her pain and uneasiness. Aversion to the open air yet open air ameliorates some symptoms especially, the coryza and cough. [Kent]

- Red tip of tongue.
- Child coughs at night but does not wake up.
- Ameliorated when busy and active.

- Very salty saliva.

Saliva has a salty taste, which is communicated to all food eaten. [Clarke]

### **Entry points**

- ✓ Conscientious + Chilly Pulsatilla.
- ✓ Aurum + Natrum + Pulsatilla (Guilt of Aurum, Sensitiveness of Natrums and Changeability of Pulsatilla)

### **Rule out**

- ☒ If no anxiety of conscience.

### **Fever totality**

- **Chill** not ameliorated by warm clothing. Chilliness during menses. Chill forenoon or evening. Chill predominates in the evening.
- **Heat** of face follows chill. Chill and heat alternate. Sensation of heat through whole body particularly in face and hands. Heat with swelling of the veins (China). General heat after eating.
- Offensive **Sweat** at night during sleep. Sweat sometimes on lower part of the body.

### **Aggravation**

Cold; Evening; Sitting; Standing; Fresh air; Fats.

### **Amelioration**

Motion; Rubbing; Warm room; Lemonade; Weeping; Bathing the part.

### **Comparison**

#### **Pulsatilla**

Cyclamen	Pulsatilla
Changeability + Tearful mood + Crying + Thirstless.	
• Aversion to open air.	• Desire open air
• Wants to be alone when sad. Seeks solitude.	• Wants consolation.
• Chilly.	• Hot.